



## “Back to Eden”

*featuring*

**Debra Carby, RD**

Health & Children’s Ministries  
Director, Ontario Conference

*and*

**Mary Williams, RN**

Lifestyle Counselor with the  
Choose Life & Live Educational  
Health Centre

- ⊙ **Date:** **Sabbath, February 18, 2006**
- ⊙ **Time:** Divine Services, 8:45 & 11:30 am  
Vespers Program, 4:30 – 6:00 pm
- ⊙ **Place:** Willowdale Seventh-day Adventist Church  
535 Finch Avenue West, Toronto  
(just west of the Finch & Bathurst  
intersection, beside Branson Hospital)

**Join us for a special Day of Health!**

**More information →→**



## “Back to Eden”

Please join us for worship on

**Saturday, February 18**

as we explore the idea of going

**“Back to Eden”**

by creating a **healthy lifestyle** for  
ourselves and our families.

**Debra Carby**, Registered Dietitian, and Health & Children’s  
Ministries Director of the Ontario Conference of Seventh-day  
Adventists, will inspire us during the

**8:45 am and 11:30 am worship services**  
with a presentation on God’s loving ideal for our well-being.

Then, come back for the

**4:30 pm Vesper program**, when **Mary Williams**,  
Registered Nurse and Lifestyle Counselor, will share the health  
principles she used to triumph over **Lupus**, an immune system  
disorder often called **“the disease of a thousand faces”**.

By following a **healthy lifestyle**, Mary conquered this  
debilitating disease that millions of people  
suffer from all their lives.

**Join us for a special Day of Health!**

