

Low-Carb Hysteria!



another DVD presentation of
Dr. John McDougall,
world-renowned physician and
health educator.



- Date:** Saturday, July 22, 2006
- Time:** 6:30 - 8:30 pm
- Place:** Willowdale Seventh-day Adventist Church,
535 Finch Avenue West (just west of the Bathurst &
Finch intersection, beside Branson Hospital)
- Summary:** Learn about the importance of eating a high-
carbohydrate diet. *Bring a friend!* It's **FREE!**

