

Uncover the **keys** to **reversing** the health-eroding effects of our affluent lifestyle.

take charge of your health



Lifestyle and Health: Reversing Western Diseases



Attend this evening's program and learn more about **CHIP** – the **Coronary Health Improvement Project**, a 30-day journey of discovery where you will learn how you can **decrease** your risk of type 2 diabetes, angina, heart disease, high blood pressure, cancers, and other Western lifestyle diseases. CHIP will be held at the Willowdale SDA Church from April 15 to May 20, 2007.

with **Dr. Hans Diehl** via video
Founder & Creator of the CHIP program

Saturday, March 31, 2007 @ 6:30 pm
Vesper Program



Willowdale Seventh-day Adventist Church
535 Finch Avenue West, Toronto
(just west of the Finch & Bathurst intersection, beside Branson Hospital)

CHIP (CORONARY HEALTH IMPROVEMENT PROJECT) IS A COMMUNITY SERVICE PROGRAM

